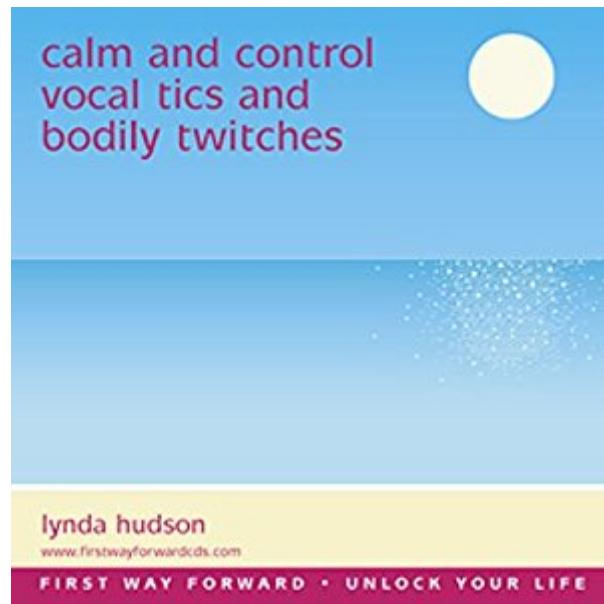


The book was found

Vocal Tics And Bodily Twitches



Synopsis

Does your child suffer from unwanted vocal or motor tics? This gentle, relaxing Download for young people from about 8 years upwards could be very helpful. It teaches them how to use their breathing to let go of tension and breathe in a sense of calm. It may also help them TAKE MORE IN CONTROL OF THROAT SOUNDS AND BODY MOVEMENTS. As they relax into a comfortable day-dreamy state, they are guided to imagine finding the control centre in the mind and then ADJUST OR SWITCH OFF UNWANTED SOUNDS OR MOVEMENTS. They then visualise themselves calm and relaxed in their everyday life, with fewer or no disruptions from the tics. This SUCCESSFUL APPROACH is based on natural, safe, sound hypnotherapy principles: act out each positive step in the imagination and dramatically increase the chance of success in the real world. Lynda's gentle, English voice calms, re-assures as she gives suggestions for boosting confidence and self esteem. As a former teacher and clinical hypnotherapist of many years standing, she has helped thousands of children world-wide through her downloads. She has featured in the press, TV and radio and is author of two widely acclaimed books on hypnotherapy with children and adults. The recording uses state of the art technology. Regular listening is the key to success! NB Tics vary in severity; transient tics in young people very often disappear quickly and easily with use of the recording, while chronic tics may take longer or, in some cases, be unresponsive. Even in this case the child usually feels noticeably calmer and more able to cope.

Book Information

Audible Audio Edition

Listening Length: 35 minutes

Program Type: Audiobook

Version: Original recording

Publisher: FirstWayForward

Audible.com Release Date: October 17, 2006

Language: English

ASIN: B000JMKHP2

Best Sellers Rank: #31 in Δ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Tourette Syndrome #264 in Δ Books > Parenting & Relationships > Babysitting, Day Care & Child Care #2784 in Δ Books > Audible Audiobooks > Health, Mind & Body > Family & Relationships

[Download to continue reading...](#)

Vocal Tics and Bodily Twitches Tourette's Syndrome "Master Secrets to Stopping Your Child's Vicious Cycle of Facial, Body & Vocal Tics, Naturally Without Any Side Effects!" Emotions and Bodily Changes: A Survey of Literature on Psychosomatic Interrelationships 1910-1945 Surface Tensions: Surgery, Bodily Boundaries, and the Social Self Comedy Incarnate: Buster Keaton, Physical Humor, and Bodily Coping Drop Dead Healthy: One Man's Humble Quest for Bodily Perfection Bodily Harm: A Novel (David Sloane Book 3) Bodily Harm Natural Treatments for Tics and Tourette's: A Patient and Family Guide Tics and Tourette Syndrome: A Handbook for Parents and Professionals Tics and Tourette's Syndrome: An Ayurvedic Approach to Health and Happiness Tics and Tourette's: Breakthrough Discoveries in Natural Treatments Tranquility For Tourette's Syndrome: Uncommon Natural Methods For Treating Tourette's, Healing Symptoms, and Diminishing Your Tics ECODEVIANCE: (Soma)tics for the Future Wilderness A Beautiful Marsupial Afternoon: New (Soma)tics La Sonnambula (Vocal Score). By Vincenzo Bellini. For Piano, Voice (Vocal Score). Vocal Score. Book Only. Ricordi #Rcp41686/05. I Puritani (Vocal Score). By Vincenzo Bellini. For Piano, Vocal (Score). Vocal Score. Ricordi #Cp4168505. Schirmer's Vocal Scores of Grand and Light Operas - Cavalleria Rusticana (Rustic Chivalry) Melodrama in One Act - Libretto by G. Targioni - Tozzetti and G. Menasci (Music by Pietro Mascagni - vocal and piano score by L. Mugnone, English Version by Nathan Haskell Dole) Pilgrim's Journey. A cantata for soprano, tenor, and baritone soloists, mixed chorus, and orchestra (or organ). [Vocal score prepared by Christopher Morris. ... the Bible and John Bunyan. Vocal score. > The Diagnosis and Correction of Vocal Faults: A Manual for Teachers of Singing and for Choir Directors (with accompanying CD of sample vocal faults)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)